# St Saviour C of E Primary School

Fold Road, Stoneclough, Radcliffe, Manchester M26 1EU

Headteacher: Mr J Moorhouse B.Ed (Hons)

**Telephone: 01204 333437 Email: office@st-saviourringley.bolton.sch.uk**
**Web Address: www.stsaviourschool.com**


Thursday 18th September 2025

Dear Parents and Carers,

As we begin the new school year, we'd like to take this opportunity to remind everyone about our school's expectations around packed lunches.

We are continuing to encourage healthy, balanced lunch boxes that help support your child's wellbeing, concentration, and energy throughout the school day. Towards the end of the last academic year and the start of this year, we have noticed an increasing amount of chocolate, large family sized bags of crisps and sweets being included in packed lunches. While we understand that occasional treats are enjoyed by children, we ask for your support in keeping these to a minimum and focusing on nutritious options where possible.

To support you with this, there are two useful guidance documents available on our **PSHE curriculum page** under the **'Additional Information'** tab on the school website. These provide practical ideas and suggestions for creating healthy packed lunches.

Please also remember:

- **Fizzy drinks are not permitted** in school.
- We are a **nut-free school**, so we ask that packed lunches **do not contain any nuts or nut-based products** (such as Nutella, peanut butter, or snack bars containing nuts). This is to ensure the safety of children with severe allergies.

Thank you for helping us to promote a healthy and inclusive school environment. If you have any questions or would like further support with lunchbox ideas, please don't hesitate to get in touch.

Kind regards

## A Bowman

Mrs Bowman

Deputy Head, EYFS KS1 Lead, RE + PSHE Lead